

		Dilluns	Dimarts	Dimecres	Dijous	Divendres	Dissabte	Diumenge
07:00 - 07:50	SC	CYCLING		DUET WALKING				
	S1				BODY COMBAT			
08:10 - 09:00	VIRTUAL		CYCLING		CYCLING			
	VIRTUAL	DUET WALKING		CYCLING		DUET WALKING		
09:00 - 09:20	SC		DUET WALKING		CYCLING			
09:30 - 10:20	SF	RADIKAL		RADIKAL		RADIKAL		
09:30 - 10:20	S1	ZUMBA		ZUMBA		ZUMBA		
	SC	CYCLING	DUET WALKING	CYCLING		CYCLING	CYCLING	
10:15 - 10:30	VIRTUAL				DUET WALKING			CYCLING
	SF		RADIKAL		RADIKAL			
10:30 - 11:20	S1				SALSA		ZUMBA	ZUMBA
	SC		CYCLING	DUET WALKING	CYCLING		DUET WALKING	CYCLING
	S2		SALSA				BODY COMBAT	
	VIRTUAL	DUET WALKING				CYCLING		
11:30 - 12:20	VIRTUAL	CYCLING	DUET WALKING	DUET WALKING	DUET WALKING	DUET WALKING	CYCLING	DUET WALKING
12:30 - 13:20	VIRTUAL	CYCLING	CYCLING	CYCLING	CYCLING	CYCLING		CYCLING
13:30 - 14:20	VIRTUAL	DUET WALKING	DUET WALKING	CYCLING	DUET WALKING	DUET WALKING	DUET WALKING	
14:30 - 15:20	VIRTUAL	CYCLING		CYCLING	DUET WALKING	DUET WALKING	CYCLING	
	SC		CYCLING					
15:30 - 16:20	VIRTUAL	CYCLING	DUET WALKING	CYCLING		CYCLING	CYCLING	
	S2		ZUMBA					
	S1			CARDIO HIIT				
16:30 - 17:20	SC				CYCLING			
	VIRTUAL	DUET WALKING	CYCLING	DUET WALKING	CYCLING	DUET WALKING	DUET WALKING	
17:00 - 17:50	SC	CYCLING		CYCLING				
17:30 - 18:20	S1		CARDIO HIIT		ZUMBA			
	S2			ZUMBA KIDS				
					ZUMBA KIDS			
18:00 - 18:50	SC	CYCLING	DUET WALKING	CYCLING	DUET WALKING	CYCLING		
18:30 - 18:45	SF	FREE FIT	FREE FIT	FREE FIT	FREE FIT	FREE FIT		
18:30 - 19:20	S1		ZUMBA	BODY COMBAT		ZUMBA		
	SC						CYCLING	
19:00 - 19:50	SC	DUET WALKING		DUET WALKING		CYCLING		
19:30 - 20:00	SF	RADIKAL		RADIKAL		RADIKAL		
19:30 - 20:20	S1	BODY COMBAT		ZUMBA		CARDIO HIIT		
	SC		CYCLING		CYCLING			
20:00 - 20:50	SC	CYCLING		CYCLING				
20:30 - 20:45	SF	RADIKAL		RADIKAL		RADIKAL		
20:30 - 21:20	S1	ZUMBA			BODY COMBAT			

21:30 - 22:20	VIRTUAL	CYCLING	DUET WALKING	CYCLING	CYCLING	CYCLING		
	S1			DUET BOXING				