

		Dilluns	Dimarts	Dimecres	Dijous	Divendres	Dissabte	Diumenge
07:00 - 07:50	SC	CYCLING		DUET WALKING				
08:10 - 09:00	SC		DUET WALKING		CYCLING			
09:30 - 10:20	SC	CYCLING	DUET WALKING	CYCLING		CYCLING	CYCLING	
10:30 - 11:20	SC		CYCLING	DUET WALKING	CYCLING		DUET WALKING	CYCLING
14:30 - 15:20	SC		CYCLING					
15:30 - 16:20	SC				CYCLING			
17:00 - 17:50	SC	CYCLING		CYCLING				
18:00 - 18:50	SC	CYCLING	DUET WALKING	CYCLING	DUET WALKING	CYCLING		
18:30 - 19:20	SC						CYCLING	
19:00 - 19:50	SC	DUET WALKING		DUET WALKING		CYCLING		
19:30 - 20:20	SC		CYCLING		CYCLING			
20:00 - 20:50	SC	CYCLING		CYCLING				